

Friday 5th June

Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Do some sit ups : Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	2 Do some star jumps : Bronze: 20 times Silver: 30 times Gold: 50 times	3 Practise balancing on right leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	4 Practise balancing on left leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	5 Have a jog around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	6 Create your own throwing and catching game!	7 Teach the people at home your game and see who scores the most points!
8 Do some burpees : Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	9 Try and do some mountain climbers : Bronze: 10 times Silver: 20 times Gold: 30+ times	10 Carefully try and do a plank : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	11 See how many tuck jumps you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	12 Push ups! Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	13 Use a pack of cards and create a game involving different exercises and the different suits!	14 Compete against someone at home to see who can complete more exercises in a given time.
15 Try and do some crunches : Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	16 Do some lunges on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	17 Do a wall sit – remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds	18 Squat – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	19 High knees – Keep going without stopping Bronze: 30 seconds Silver: 50 seconds Gold: 1+ minute	15 Challenge yourself to learning some new yoga posts – watch a Youtube video to help.	16 Practise those yoga skills your learned and see if you can balance for longer than you did yesterday.
22 Try doing some scissor kicks : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	23 Do some shuttle runs : Bronze: 15 runs Silver: 30 runs Gold: 50 runs	24 Hop on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg	25 Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	26 Try safely to do some jump squats in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	27 Go outside and be active with someone from your house. Go for a run or a walk!	28 Use your outdoor time to jump over things, balance along things and move in different ways.
29 Try hurdling over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	30 Step jumps – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold: 40+ times	<p>Let's get active in June! Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy!</p>				

Remember during lockdown it's important to keep active whenever you can.

This month, let's try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! 😊

English- Lesson 5

- NB You need the animal diary entry that was planned yesterday.
- * Story time
- Read and enjoy 'Diary of a Kangaroo' on the next 3 slides.
- Who do you think causes more trouble? - the wombat in 'Diary of a Wombat' or the kangaroo here!



Diary of a Kangaroo



Wednesday

I woke up in the late morning after a good sleep under the trees and decided to bounce over to the nearest house to see what was happening.

The family have a swimming pool in the garden and I thought it would be a great idea to jump in for a quick wash. Ker-sploosh! The water was feeling so cool and refreshing, although a lot of it splashed out, which left the pool half empty. Honestly, you would think that people would keep the right amount of water in their pools.

In the afternoon, I clambered out of the pool and walked towards the garage. Unfortunately, the water from the pool had made the garden very muddy, so I was leaving a dirty trail all the way across the grass. Really, I thought, people should put paths in their gardens. It would make life much easier.

There was a very smart looking car parked on the drive. With one bounce, I was sitting on its bonnet. I was gazing out at the view for quite a while because it looked so beautiful. Suddenly, strange creaking noises began to come from underneath the car and – crack! – two of the wheels fell off. Well! I was thinking to myself that it wasn't a very well-made car, when I heard a noise.

The family appeared at their gate. They were shouting and pointing at me. I couldn't understand a word they were saying but they seemed to be very excited about something. I didn't have time to stop and talk to them so I bounded off, giving them a cheery wave good bye.

What a fun day. Now, I wonder what I will do tomorrow?

Time to write your diary!

- Write your animal diary entry using the plan you produced yesterday.
- Make sure you use the layout and language features of a diary.
- Keep your writing in the past tense.
- Try to include verbs in the progressive form of the past tense.
- Write in full sentences and use conjunctions to link ideas.
- If you have time, why not write the next day's diary entry as well?
- What trouble will your creature cause then?

Mental Maths (10-4-10)

Questions

1. $\underline{\quad} + 41 = 60$
2. $30 - \underline{\quad} = 17$
3. $40 \div 10 =$
4. $120 \div 10 =$
5. $100 - \underline{\quad} = 18$
6. $36p + 28p =$
7. $47 - 21 =$
8. $\frac{1}{2}$ of $36 =$
9. $\frac{1}{3}$ of $12 =$
10. $3 \times \underline{\quad} = 30$

Extension!

1. I'm thinking of a number. I add 13 to it. The answer is 26. What was my number?
2. Write out the number 40 using words.
3. What is the value of the 7 in the number 372?
4. How many months are there in a year?
5. What is 20 shared between 5 equal groups?

Mental Maths (10-4-10)

Answers

1. 19 + 41 = 60
2. 30 - 13 = 17
3. 40 ÷ 10 = 4
4. 120 ÷ 10 = 12
5. 100 - 82 = 18
6. 36p + 28p = 64p
7. 47 - 21 = 26
8. $\frac{1}{2}$ of 36 = 18
9. $\frac{1}{3}$ of 12 = 4
10. 3 × 10 = 30

Extension!

1. I'm thinking of a number. I add 13 to it. The answer is 26. What was my number? = 13
2. Write out the number 40 using words. = Forty
3. What is the value of the 7 in the number 372? = 70 or 7 tens
4. How many months are there in a year? = 12
5. What is 20 shared between 5 equal groups? = 4

Maths Home Learning Problem solving Friday (RISE)

Question: Can you explain who is correct and why?

Gabe: If I add together two odd numbers, I will always end up with an odd number!

Poppy: If I add two odd numbers together, I will always end up with an even number!

Abbie: If I add together two even numbers, I will get an odd number!

Who is correct? Why are they correct?

Maths Home Learning

Problem solving Friday (RISE) - answer

Question: Can you explain who is correct and who is not?

Gabe: If I add together two odd numbers, I will always end up with an odd number!

Poppy: If I add two odd numbers together, I will always end up with an even number!

Abbie: If I add together two even numbers, I will get an odd number!

Poppy is correct. When you add together two odd numbers you will always end up with an even number. For example $13 + 15 = 28$ or $31 + 19 = 50$.

Maths Home Learning Problem solving Friday (RISE) - EXTRA CHALLENGE!

Are you up for more maths?

If so, check out the Friday Maths Challenge in the White Rose Year 2 Home Learning section for this week,
<https://whiterosemaths.com/homelearning/year-2/>

Once you're done, you can also download yourself a certificate and record your score!

Friday Maths Challenge

